

Preparedness Hints

Christmas and More Preparedness Ideas



Christmas Shopping

May I suggest you get some preparedness items as Christmas presents? Ideas are bottled water, buckets of wheat, a case of honey, cases of canned goods, tents, propane stoves, sleeping bags, or other camping gear, a Bosch mixer or a wheat grinder. You could also give someone a pressure cooker for canning or a hot-water bath canner. Young married couples can find it difficult to afford some of the staples of food storage and home production and may appreciate such a gift. Other excellent gifts that are truly appreciated are things you can make yourself such as your own canned fruit, vegetables and jams or produce out of your garden such as potatoes or carrots or whatever else you have stored away in your root cellar. A gift you made yourself often takes on much more meaning for the recipient than something you ran out and purchased.

Tip for Your Home Storage

A friend implements an excellent idea for her home storage. She's posted a list of 40 menus inside one of her kitchen cupboards. She then keeps items on hand in her storage room for those 40 menus. Then at dinner time, she looks at her list and chooses a menu and goes to her storage room for what is needed. Her trips to the grocery store are for replacing items as she uses them (and for fresh fruit vegetables, eggs, milk, etc.)

72 Hour Kits

There's been much talk of late about 72 hour kits and what a wonderful thing they are to have should the family have to get out of the house fast. Here's some thoughts of things you might like to include with everything else. We all have important family pictures that we would hate to lose in a flood or fire. Consider having some pictures scanned and put on a computer disk to include with your 72-hour kit.

You can also include other important papers such as land, home and vehicle titles, genealogy, and wills and other legal papers.

Instead of scanning and putting some of these documents on disk, you may wish to have some of them waterproofed in vacuum packed plastic bags or some other water proof type bag. And before you seal it, don't forget to throw in that computer disk, to also keep it dry.

First Aid Kits

Do you have a first aid kit? Here's some ideas of what you could put in one depending on your family's circumstances:

- Glass tube of Aromatic spirits of ammonia.
- Bottle of Aspirin
- Calamine lotion for bug bites and poisonous plants
- Oral thermometer
- Scissors and tweezers
- Package of safety pins
- Adhesive tape
- Box of adhesive bandages
- Box of cotton balls
- Antibiotic ointment tube of Neosporin or Bacitracin
- Bicarbonate of soda for upset stomach
- Diarrhea remedy such as Kaopectate or Pepto Bismol
- Elastic bandages for sprains
- Roll of gauze
- Hot water bottle
- Hydrogen peroxide in unbreakable bottle
- Ipecac syrup to induce vomiting
- Popsicle sticks for finger splints
- Roller bandages
- Triangle bandages
- Hand soap
- Eye drops
- Medical dropper
- Razor blades
- Needles
- Knife
- Throat lozenges
- Waterproof bag for the above

Personal and Family Preparedness

Vision: Each family uses principles of provident living in their daily lives.

Mission: "Increase awareness and practice of home production and storage."